

# GASPÉSIE

## BY BICYCLE



Carleton-sur-Mer,  
Photo: Steve Deschênes, Le Québec maritime

**BICYCLE PATH- FATBIKE - MOUNTAIN BIKE**

**2018 EDITION**

**[tourisme-gaspesie.com/bicycle](http://tourisme-gaspesie.com/bicycle)**



## LA ROUTE VERTE

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### routeverte.com

The Route verte goes all around the Gaspésie, exception made for the towns located in between Sainte-Madeleine-de-la-Rivière-Madeleine and Gaspé (Rivière-au-Renard). While part of this bicycle route is following the road 132, you will also be invited to enjoy bike path and secondary roads from time to time.

## BICYCLE PATH

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### THE COAST

- **Mont-Joli**  
1020 boul. Jacques-Cartier  
Distance : 5 Km  
Recreational trail and beginner level  
Paved road / Designated path  
ville.mont-joli.qc.ca
- **Matane, Parc des Îles**  
230, avenue Saint-Jérôme  
Distance : Environ 10 Km  
Recreational trail and beginner level  
Paved and gravel road / Designated path  
tourismematane.com

### THE HAUTE-GASPÉSIE

- **Ste-Anne-des-Monts, Littoral de Ste-Anne-des-Monts**  
1 rue du Quai  
Distance : 19 Km  
Denivelation: 111/-111 m  
Recreational trail and beginner level  
Paved road / Shared road

### LAND'S END

- **Grande-Vallée**  
Distance 5,7 Km  
Dirt and paved road / Shared road  
grande-vallee.ca

- **Forillon national Park, La Vallée**  
L'Anse-au-Griffon  
85, Chemin du Portage  
Distance : 8,5 Km  
Denivelation : 113/-113m  
Recreational trail and beginner level / Loop  
Dirt road
- **Forillon national Park, Presqu'île de Penouille**  
Penouille Visitor Centre  
122, boul. de Gaspé  
Distance: 4 Km  
Denivelation: 8/-8 m  
Recreational trail and beginner level  
Board walk
- **Forillon national Park, Le portage et La Vallée**  
L'Anse-au-Griffon  
85, chemin du Portage  
Distance: 20.6 Km  
Denivelation: 392/-392 m  
Intermediary / Loop and one way section  
Gravel and dirt road
- **Forillon national Park, South area**  
Penouille Visitor Centre  
122, boul. de Gaspé  
Distance : 40.6 Km  
Denivelation : 801/-801 m  
Advanced  
Paved road / Share road
- **Gaspé, Tour de Baie**  
8, rue de la Marina  
Distance : 20 Km  
Denivelation : 108 m  
Recreational trail and beginner level



Photo : City of Gaspé

- **Gaspé, Piste cyclable**

8, rue de la Marina  
Distance : 21 Km  
Denivelation : 289/-289 m  
Recreational trail and beginner level  
Paved road / Designated path

With a 10 Km length, this cycling trail can also be used by hikers. Beginning at the trail head behind the shopping centre Carrefour Gaspé, the trail will then take you to Haldimand municipal beach. Along the way, you will find a variety of facilities (picnic tables, lookouts) where you can stop for a snack or simply enjoy the scenery.

- **Percé (Coin du Banc), Coin du Banc**

Rue de la Plage  
Distance : 6.2 Km  
Denivelation: 23/-23 m  
Recreational trail and beginner level / Loop  
Paved road / Designated path

- **Chandler, Boucle du Grand Pabos**

Chemin de la Plage  
Distance : 15.6 Km  
Denivelation : 107/-107 m  
Recreational trail and beginner level / Loop  
Paved road / Designated path and shared road  
Trafic on road 132

- **Chandler (Pabos Mills), Parc du Bourg de Pabos**

75 chemin de la Plage  
Distance: 18 Km  
Recreational trail and beginner level / Loop  
Dirt road  
lebourgdepabos.com

The path is in clay and has some tree roots (not accessible in roller skates).

- **Chandler, Tour de Chandler**

Chemin de la Plage  
Distance : 8.7 Km  
Denivelation : 74/-74 m  
Recreational trail and beginner level / Loop  
Paved road / Designated path and shared road

- **Chandler, Circuit des Bâtisseurs**  
35, rue commerciale O  
Distance : 4 Km  
Recreational trail and beginner level / Loop  
Paved road / Designated path  
villedechandler.info

The Circuit des Bâtisseurs (builders' circuit) is a historic course crossed by a 3.5 km pedestrian and bike path. Starting point is located at the art workshop (McGrath avenue south) and it goes all the way to the historical and archaeological site of Parc du Bourg de Pabos. This path also crosses the lagoon of Baie du Grand Pabos with the longest pedestrian and bicycle aluminum bridge in the world.



Photo : City of Chandler

## THE BAY

- **Bonaventure, Multifunctional Trail**  
Pointe Baubassin  
Distance : 4 km  
Recreational trail and beginner level / Loop  
Paved road / Designated path  
villebonaventure.ca

Genuine Seaside Park, this multifunctional trail extends over a distance of four kilometers and is connecting the point Beaubassin with the site of Piouke. On your feet, on roller skates or on a bike, it is the best place to enjoy the sun and the salty air.

- **Saint-Alphonse, Domaine des chutes et du Ruisseau Creux**  
127, rue Principale Est  
Distance 3 ou 5 km  
Recreational trail and intermediary level  
Dirt road  
st-alphonsegaspesie.com/dcrc

- **Carleton-sur-Mer, Barchois de Carleton-sur-Mer et Promenade des Acadiens**  
Promenade des Acadiens  
Distance: 13. 2 Km  
Denivelation: 25/-25 m  
Recreational trail and beginner level /  
Paved road / Designated path  
carletonsurmer.com

With a length of 4.5 Km, this path stretches from Pointe Tracadigash at the extreme West of the campground. It follows the route du camping and the route panoramique up to the route du Quai. Totally remade in 2012.

- **Nouvelle, Sentiers de Shoolbred**  
Intersection of Maguire road and road 132, at the West side  
Distance: 30 Km  
Beginner to intermediary  
Dirt, gravel and paved road / Shared and designated path  
nouvellegaspesie.com

### Section 1

The beginning of the bicycle path starts at the intersection of Maguire Street and the 132 road on the West side of the town. This section is about 4.1 Km and goes along the Nouvelle River. After, you must take the snowmobile bridge and keep on going until you reached the other side of the river. The level of difficulty is easy. The path is made out of stone dust.

### Section 2

The length of this trail is 2.3 Km (path shared with cars). It goes along the Miguasha road and offers a magnificent view of the Nouvelle River drainage basin. The level of difficulty is intermediate.

### Section 3

It is a 2.2 Km wood trail following Nouvelle River that brings you to the Miguasha road. The level of difficulty is intermediate or easy for mountain biking. The path is made out of coarse gravel.

### Section 4

This trail (shared path with cars) has a beautiful view and leads to a major attraction of the municipality, the Miguasha National Park. The level of difficulty is intermediate.



Photo : Municipality of Nouvelle

## FATBIKE ON THE BEACH

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*Cycling on the beach can have a negative impact on the fauna and flora. Be careful!  
Thank you.*

## THE COAST

- **Métis-sur-Mer (Les Boules) / Baie-des-Sables**  
47, rue principale (Church)  
Distance : 5.3 Km  
Denivelation: 52/-38 m  
velospecialite.com (See the circuit section)
- **Métis-sur-Mer, Métis Beach**  
47, rue Principale (Church)  
Distance : 5.3 Km  
Denivelation: 52/-38 m  
velospecialite.com (See the circuit section)
- **St-Ulric/Baie-des-Sables**  
197, avenue Ulric-Tessier  
Distance : 12.8 Km  
Denivelation: 18/-17 m  
velospecialite.com (See the circuit section)
- **St-Ulric/Matane**  
90, avenue Ulric-Tessier  
Distance : 7.8 Km  
Denivelation : 6/-5 m  
velospecialite.com (See the circuit section)
- **Petit-Matane/Ste-Félicité**  
686, chemin de la Grève  
Distance : 9.7 Km  
Denivelation : 82/-75 m  
velospecialite.com (See the circuit section)
- **Matane Est**  
250, avenue du Phare E (Riôtel)  
Distance: 6.1 Km  
Denivelation: 2/-2 m  
velospecialite.com (See the circuit section)



## THE HAUTE-GASPÉSIE

- **Ste-Anne-des-Monts /Cap-Chat**  
237, 1<sup>er</sup> ave O  
Distance: 15.3 Km  
Denivelation: 48/-48 m  
velospecialite.com (See the circuit section)
- **Ste-Anne-des-Monts/Tourelle**  
237, 1<sup>er</sup> ave O  
Distance : 11.9 Km  
Denivelation : 77/-77 m  
velospecialite.com (See the circuit section)

## LAND'S END

- **Pointe-à-la-Renommée, Beach of Pointe-à-la-Renommée**  
200 chemin de la Pointe-à-la-Renommée
- **Gaspé, Boom Defense Beach**  
Rue Alexander  
Distance : 6 Km
- **Gaspé, Haldimand Beach**  
30, rue de la Plage  
Distance : 6 Km
- **Percé (Coin-du-Banc), Coin du Banc Beach**  
Rue de la Plage  
Distance : 20 Km
- **Percé (Cannes-de-Roches), Plage de Cannes-de-Roches**  
Chemin des Pêcheurs  
Distance : 20 Km
- **Chandler, Plage de Chandler**  
155, rue de la plage

## THE BAY

- **New Richmond, Parc de la Pointe-Taylor**  
103, boul. Perron E  
Distance: 1 Km  
Loop

## MOUNTAIN BIKE

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### THE COAST

- **Matane, Sentiers de l'igloo**  
Distance : 35 Km  
Available on TrailForks  
Singletrack trails

### THE HAUTE-GASPÉSIE

- **Cap-Chat, Mont-Logan/Lac Thibault**  
Distance : 60 Km
- **Cap-Chat, Auberge de Montagne Chic-Chocs**
- **Ste-Anne-des-Monts, Mont Blanche Montagne**  
Distance : 15 Km
- **Ste-Anne-des-Monts, Mont Pointu**  
Distance : 5 Km

### LAND'S END

- **Murdochville, Mont-York**  
Distance: 5 Km  
Singletrack trails
- **Forillon National Park, Sentier des Lacs**  
Distance : 12 Km  
Singletrack trails
- **Gaspé, Mont-Béchervaise :**  
Distance: 20 Km  
Singletrack trails  
Available on TrailForks
- **Percé, Mont-Ste-Anne**  
Distance : 10 Km  
Singletrack trails

## THE BAY

- **St-Alphonse, Domaine des Chutes du Ruisseau Creux**  
Distance : 8 Km
- **Maria, Sentiers du Club Baie-Cycle**  
Distance : 4 Km
- **Carleton-sur-Mer, Sentier du Mont-St-Joseph**  
Singletrack trails

## THE VALLEY

- **Amqui, Val d'Irène**  
Singletrack trails



Photo : Tourisme Gaspésie, CHOK Images

## BIKE MAINTENANCE, REPAIRS AND RENTAL

Company	Address	Phone Number	Website	Repairs	Material	Rental
<b>La Côte</b>						
<b>Motel Le Gaspésiana</b>	460, rte de la Mer <b>Sainte-Flavie</b>	1 800 404-8233	gaspesiana.com			X (For guests)
<b>Le Club vélo Éolien</b>	123, rte Louis Félix Dionne <b>Matane</b>	418 562-2740	clubveloeolien.com			X (Fatbike)
<b>Canadian Tire</b>	145, rue Piuze <b>Matane</b>	418 562-5144	canadiantire.ca		X	
<b>Sports Experts</b>	720, ave du Phare E. <b>Matane</b>	418 562-1022	sportexpert.ca		X	
<b>Wal-Mart</b>	150, rue Piuze <b>Matane</b>	418 566-4779	walmart.ca		X	
<b>Vélo Spécialité</b>	120 A, rue St-Pierre <b>Matane</b>	418 566-0261	velospecialite.com	X	X	
<b>La Haute-Gaspésie</b>						
<b>Biseak</b>	236, 1 <sup>ère</sup> avenue O. <b>Ste-Anne-des-Monts</b>	418 764-6016	---			X (Fatbike)
<b>La Pointe</b>						
<b>Boutique Sport Plein air</b>	1, rue de l'Église <b>Gaspé (Rivière-au-Renard)</b>	418 269-2535	---	X	X	
<b>Parc national Forillon</b>	Centre récréatif, Secteur S. <b>Parc national Forillon</b>	418 892-5058	pc.gc.ca			X
<b>Auberge internationale Forillon</b>	2095, boul. Grande Grève <b>Gaspé (Cap-aux-Os)</b>	1 877 892-5153	aubergeinternationaleforillon.com			X
<b>Pavillon des sports (Cégep)</b>	96, rue Jacques-Cartier <b>Gaspé</b>	418 368-6939	cegepgim.ca			X
<b>Camping Gaspé</b>	1029, rte de Haldimand <b>Gaspé</b>	418 368-4815 418 368-4800	campinggaspé.com			X
<b>Canadian Tire</b>	39, Montée de Sandy Beach <b>Gaspé</b>	418 368-6868	canadiantire.ca		X	
<b>Sports experts</b>	3935, Montée de Sandy Beach <b>Gaspé</b>	418 368-6590	sportexpert.ca		X	

Company	Address	Phone Number	Website	Repairs	Material	Rental
<b>Chalets du Bout du monde</b>	1141, Haldimand <b>Gaspé</b>	418 368-0042	chaletsduboutdumonde.com			X (For guests)
<b>Hôtel-Motel Manoir de Percé</b>	212, rte 132 <b>Percé</b>	1 800 463-0858	manoirdeperce.com			X (For guests)
<b>Grande-Rivière Sports</b>	97, rue de la Source <b>Grande-Rivière</b>	418 385-2345	sportsexcellence.com	X	X	
<b>Centre de plein air La Seigneurie</b>	101, rte de l'Église <b>Chandler (Pabos)</b>	418 689-3031	laseigneurie.org			X (bike and kart)
<b>Base de plein air Bellefeuille</b>	70, route de la Plage <b>Chandler (Pabos Mills)</b>	1 888 689-6727	basedebellefeuille.com			X (For guests)
<b>Atelier d'Art</b>	100, ave McGrath S. <b>Chandler</b>	418 689-2050				X
<b>Sport Excellence</b>	49, de l'Hôtel de Ville <b>Chandler</b>	418 689-6377	sportsexcellence.com		X	
<b>Go Sport</b>	95, boul. René-Lévesque Est <b>Chandler</b>	418 689-1589	go-sport.ca		X	
<b>La Baie-des-Chaleurs</b>						
<b>Canadian Tire</b>	49, boul. G.D. Levesque <b>Paspébiac</b>	418 752-5050	canadiantire.ca		X	
<b>Sports Experts</b>	78, rte 132 E. <b>Bonaventure</b>	418 534-2345	Sportsexperts.ca		X	
<b>Rhéal Pitre Sports</b>	162, rte 132 E. <b>New Richmond</b>	418 392-6230	rhealpitresports.com	X		
<b>Sports Experts</b>	720, boul. Perron <b>Carleton-sur-Mer</b>	418 364-7496	sportsexperts.ca	X	X	X (Roller blades and bike)
<b>La Vallée</b>						
<b>Sports Experts</b>	102, boul. St-Benoît O. <b>Amqui</b>	418 629-3252	sportsexperts.ca	X	X	
<b>Camping Amqui</b>	686, rte 132 O. <b>Amqui</b>	418 629-3433	campingamqui.com			X
<b>Hors région (Rimouski)</b>						
<b>La Vie Dehors</b>	52, ave Léonidas S. <b>Rimouski</b>	418 723-3511	laviedehors.net	X	X	
<b>Vélo Plein</b>	324, ave de la	418 723-0001	velopleinair.q	X	X	X

<b>Company</b>	<b>Address</b>	<b>Phone Number</b>	<b>Website</b>	<b>Repairs</b>	<b>Material</b>	<b>Rental</b>
<b>Air</b>	<b>Cathédrale Rimouski</b>		c.ca			
<b>Gendron Sport</b>	86, rue St-Germain O. <b>Rimouski</b>	418 724-2011	gendronsports.ca	X	X	X
<b>La Mise au Point (Norco)</b>	170, rue St-Germain E. <b>Rimouski</b>	418 721-4646		X	X	X
<b>Sport JMD</b>	315, ave de la Cathédrale <b>Rimouski</b>	418 723-9494		X	X	
<b>Sports Experts</b>	419, boul. Jessop <b>Rimouski</b>	418 723-6543	sportsexperts.ca		X	
<b>Wal-Mart</b>	415, Montée Industrielle-et-commerciale <b>Rimouski</b>	418 722-1990	walmart.ca		X	
<b>Hors-région (Nouveau-Brunswick)</b>						
<b>Pro Xsports Pro</b>	24, rue Roseberry <b>Campbellton</b>	506 789-9185		X	X	
<b>Canadian Tire</b>	384, Val d'Amour Rd <b>Atholville</b>	506 789-0220	canadiantire.ca		X	
<b>Wal-Mart</b>	4 Jago St <b>Atholville</b>	506 753-7105	walmart.ca		X	



# GASPÉSIE

BY BICYCLE



Photo credit: CHOK Images



## ONDAGO

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**Gaspésie by bicycle**

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offered

